

Lesson Plan: I Can Choose to Not Look at Pornography

*"For behold, the Spirit of Christ is given to every man, that he may know good from evil;"
(Moroni 7:16)*

Objectives: Teach Children that they are able to make good choices, specifically to not view pornography

Spiritual Preparation: To more effectively teach this lesson, take time to study the following set of scriptures: Moroni 7:16-17, Duet 6:17-18, Helaman 10:4-5, Isaiah 2:5, Ephesians 5:8

Opening Prayer

Opening song: "Choose the Right" (LDS Hymnbook, No. 239) or "Do What Is Right" (LDS Hymnbook, No. 237)

Focus Activity: Using one of the mazes included with this lesson plan (see below), give each member of your family a copy, work on one together as a family, or make your own maze before hand. While family members are working on their mazes, ask the following questions:

- What happens when we make right choices?
(Point out that they get to keep going forward. A wrong choice forces them to have to go back, or start over from the point that they made a wrong choice.)
- Why does God want us to make right choices?
(Help family members understand that God loves us and wants us to make it to the end, and want us to have all the blessing that he has prepared for us.)

Share a scripture: Isaiah 2:5 or Ephesians 5:8

Watch: "The Decision", 4 mins (download at <http://www.sunswingmedia.com/the-decision/>)

Caution: *Be sensitive to the spirit that is in the room after the video. Encourage discussion even though children may feel awkward talking about the topic. If children know they can talk to their parents about it, then a major obstacle has been overcome in fighting pornography.*

Questions for after video:

- What were some the choices that these boys made?
(They chose to go home. They chose to pick up the magazine. They chose to not look at it after they saw what it was. They chose to take it home to their mom. They chose to eat ice cream sandwiches.)
- What was wrong with the magazine that they were looking at?
(Older children shouldn't need much help with this question. Young children may not understand what the significance of the magazine is. Address it in further detail as appropriate for the age. Simple, direct statements of fact work best.)
- How did the boys' decision to not look at the magazine help them to make other good choices?
(They were able to go talk to their parents. Their friendship was strengthened. They got ice cream sandwiches.)

Discuss:

Reinforce the importance of making the right decision to never view pornography.

- "Avoid pornography as you would a plague." (*President Gordon B. Hinckley, "Overpowering the Goliaths in Our Lives," Ensign, Jan. 2002, 6*)
- "Strong moral character results from consistent correct choices in the trials and testing of life. Your faith can guide you to those correct choices." (*Richard G. Scott, "The Sustaining Power of Faith in Times of Uncertainty and Testing," Ensign, May 2003*)

Testimony: Conclude by sharing your own personal knowledge of how right choices make it possible to make more right choices.

Closing Prayer

Treat: Ice Cream Bars or Sandwiches.

Additional Reading Materials:

"The Decision"

<https://lds.org/friend/2004/03/the-decision?lang=eng>

"Crash and Tell"

<https://lds.org/friend/2011/06/crash-and-tell?lang=eng>



